

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
101 Packets, National School Boards Association	Informational packets about selected school health issues available by mail. Physical Activity 101 & 201, Healthy Eating 101, Tobacco Use Prevention 101, and Asthma in Schools 101 contain recommendations about policies and practices.			x	x	x	x		x
Allies Against Asthma, University of Michigan	Resource bank includes resources to help implement asthma intervention programs			x					
American Diabetes Association 2005 Clinical Practice Recommendations	Position statements on standards of medical care; diagnosis; care in school, day care, camp, and correctional institutions; and third party reimbursement for care and self management education. Also includes national standards for diabetes self management	x							x
American Heart Association Guide for Improving Cardiovascular Health at the Community Level	Goals, strategies and interventions to promote cardiovascular health through policy and environmental change on a community-wide basis.				x	x	x	x	x
Best Practice Initiative, Office of Public Health and Science, HHS	Best Practices from around the country include childhood obesity prevention initiative, breastfeeding initiative, tobacco control, and diabetes control.	x	x		x		x		
Best Practices for Comprehensive Tobacco Control Programs, CDC	Recommended strategies include school programs, cessation programs, enforcement, and counter-marketing.			x			x	x	x
Best Practices, National Institute to Improve Adolescent and Young Adult Health	Provides an overview and comprehensive listing of resources for Best Practices in substance use, nutrition and physical activity, and other areas of adolescent health.				x	x	x	x	x
Best Processes and Practices that Promote Community Change and Improvement, Community Tool Box, University of Kansas	12 best processes address topics such as organizational structure, leadership, strategic planning, and sustainability. Each best process includes the evidence base for why that process matters, case examples that describe how it has been applied, how-to								
Better Practices for Youth Tobacco Cessation, American Journal of Health Behavior	Behavioral interventions based on social cognitive theory were effective in helping young smokers quit smoking.						x		x
Bright Futures in Practice: Nutrition, Georgetown University	Strategies and tools to help health professionals provide nutrition supervision (including screening, assessment, and counseling).	x	x		x	x		x	x

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Building a Healthier Future Through School Health Programs, CDC	Chapter of CDC's Promising Practices in Chronic Disease Prevention and Control. Promising practices include: coordinate multiple components and use multiple strategies, coordinate the activities of health and education agencies and other organizations, i		x		x	x	x		x
CDC Guide to Breastfeeding Interventions	Evidence-based interventions to promote breastfeeding include: maternity care practices, support for breastfeeding in the workplace, peer support, educating mothers, professional support, media and social marketing.				x			x	
Cessation Research Center, CDC	Cessation-focused resources developed and tested by state tobacco control programs, CDC Office on Smoking and Health (OSH) partner organizations, and other federal agencies.						x	x	
Changing the Scene: Improving the School Nutrition Environment, USDA	Guidelines and activities to examine school's nutrition environment, develop a plan for improvement, and put the plan into action.				x				
Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults, National Heart, Lung, and Blood Institute	Clinical guidelines on the identification, evaluation, and treatment of overweight and obesity in adults.	x	x		x	x		x	
Community Action Practices, CDC	Descriptions of interventions for implementation, training, or strategic planning that reflect current scientific recommendations for comprehensive tobacco control programs.						x		
Coordinated School Health Programs, CDC	Describes components of a coordinated school health program model including physical education, nutrition services, and health promotion for staff.				x	x	x	x	x
Division of Diabetes Treatment and Prevention: Best Practices, Indian Health Services	Best practice models for successful diabetes prevention, treatment and education practices in AI/AN communities. Strategies include case management; patient education; training providers & educators; community-wide prevention programs; and cultural aware	x	x		x	x		x	x
Exemplary and Promising, Safe, Disciplined, and Drug-Free Schools Programs, US Dept. of Education	Evaluations of educational programs. Recommends two curricula that address tobacco use specifically, several others that address alcohol, tobacco, and other drugs.						x		x
Fit, Healthy, and Ready to Learn: A School Health Policy Guide, National Association of State Boards of Education	Sample school health policies that reflect best practice and can be adapted to local use.		x	x	x	x	x	x	x

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Food Marketing to Children and Youth: Threat or Opportunity, Institute of Medicine	Recommendations to guide the development of effective marketing and advertising strategies that promote healthier foods to children and youth. Recommendations include long-term, multi-faceted social marketing programs and policies to improve nutritional		x		x				x
Guide to Clinical Preventive Services, U.S. Preventive Services Task Force, AHRQ	Recommendations on screening, counseling, and preventive medication topics. Recommendations include diabetes and obesity screening in adults, diet and tobacco use counseling in primary care, and breastfeeding counseling and education.	x	x		x		x	x	
Guide to Community Preventive Services - Diabetes, Task Force on Community Preventive Services	Effective interventions include disease management, case management, and self management education at home and in community gathering places.	x							
Guide to Community Preventive Services - Obesity, Task Force on Community Preventive Services	Effective interventions include multicomponent worksite interventions aimed at diet, physical activity, and cognitive change.		x						
Guide to Community Preventive Services - Physical Activity, Task Force on Community Preventive Services	Effective interventions to increase physical activity include community-wide campaigns, "point-of-decision prompts," individually adapted behavior change, school-based physical education, non-family social support, and creation or enhancement of access to					x			
Guide to Community Preventive Services - Tobacco Use, Task Force on Community Preventive Services	Effective interventions include smoking bans and restrictions, increasing price of tobacco products, mass media when combined with other interventions, provider reminder systems, patient telephone support (quit lines), and reducing out-of-pocket costs for						x		
Guidelines for After-School Physical Activity and Intramural Sport Programs, National Association for Sport & Physical Education	Guidelines for planning and implementing physical activity and intramural programming for children in grades K-12.					x			x
Guidelines for Comprehensive Programs to Promote Healthy Eating and Physical Activity, Association of State and Territorial Public Health Nutrition Directors	Provides sample activities, practices, and programs in seven areas: leadership, planning/management and coordination; environmental, systems, and policy change; mass communication; community programs and community development; programs for children and yo	x	x		x	x		x	x

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Guidelines for School and Community Programs to Promote Lifelong Physical Activity Among Young People, CDC	Guidelines for school and community programs on policy, environment, physical education, health education, extracurricular activities, parental involvement, personnel training, health services, community programs, and evaluation.		x			x			x
Guidelines for School Health Programs to Prevent Tobacco Use and Addiction, CDC	Guidelines to help school personnel plan, implement, and assess educational programs and school policies to prevent tobacco use. Recommendations include developing and enforcing a school policy on tobacco use, providing prevention education and support f						x		x
Guidelines for School Health Programs to Promote Lifelong Healthy Eating, CDC	Summarizes strategies most likely to be effective in promoting healthy eating and provides nutrition education guidelines. Recommendations include nutrition education, adopting a coordinated school nutrition policy, and integrating school food service an	x	x		x				x
Guidelines for the Diagnosis and Management of Asthma National Asthma Education and Prevention Program, NIH	Clinical practice guidelines for diagnosis and management of asthma; provides information on treating asthma at all severity levels and stresses both clinical and self-management strategies.			x				x	
Health Policy Guide, Center for Health Improvement	Provides policy guidance and resources to support advocacy and decision-making at the state and local levels. Topics include asthma, physical activity, access to a nutritious diet, educating about healthy foods, preventing childhood obesity, tobacco adve		x	x	x	x	x	x	x
Healthy School Food Policies: A Checklist, Urban & Environmental Policy Institute	Collection of innovative policies that have been adopted or proposed to improve school food. Policy options include improving food sold and served in schools; integrating food service with school education, health, and environmental missions; and improvi				x				x
Helping the Student with Diabetes Succeed, National Diabetes Education Program	Includes a set of practices that enable schools to ensure a safe learning environment for students with diabetes. Key practices include diabetes management plans for students and training for school staff.	x			x	x			x
Improving Childhood Asthma Outcomes in the United States: A Blueprint for Policy Action, RAND Corporation	Policy recommendations to promote swift diagnosis and effective treatment of childhood asthma, and protection from exposure to harmful environmental factors. Includes options for implementing recommended policies. Recommendations include teaching self-m			x				x	

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Improving the Health of Adolescents & Young Adults: A Guide for States and Communities, CDC	Guide to help organizations through public health processes to address adolescent health issues. Focus is on process, but resources section does include recommended programs and interventions.		x			x	x		x
Key Strategies to Prevent Obesity, CDC Healthy Youth	Key strategies to promote physical activity and healthy eating at schools include: implementing coordinated school health programs, strengthening school nutrition and physical activity policies, implementing courses of study in health education and physi		x		x	x			x
Making It Happen—School Nutrition Success Stories, CDC	Illustrates variety of approaches that schools have taken to improve student nutrition. Approaches grouped into six areas: establish nutrition standards for competitive foods, influence food & beverage contracts, make more healthful foods & beverages ava				x				x
Managing Asthma in the School Environment, Indoor Air Quality Tools for Schools, U.S. Environmental Protection Agency	Strategies to manage asthma include school asthma management plans, asthma education programs, and using Indoor Air Quality (IAQ) Tools For Schools. IAQ kit helps schools personnel identify, solve, and prevent indoor air quality problems; includes 19-ste			x					
Managing Asthma: A Guide for Schools, National Heart, Lung, and Blood Institute	Guide to assist schools planning and/or maintaining an asthma management program. Management program should contain confidential list of students with asthma, policies and procedures for administering medication, actions for staff members, written action			x					x
Model Practice Database, National Association of County & City Health Officials	On on-line searchable collection of practices across public health areas including (but not limited to): chronic disease, access to care, community involvement, community assessment, disparities, and tobacco. Each model practice includes information on a	x	x	x	x	x	x	x	x
Moving into Action: Promoting Heart-Healthy and Stroke-Free Communities, CDC	Series of action items to help governors, state legislators, local officials, employers, and health care leaders promote heart-healthy and stroke-free communities.	x	x		x	x		x	x
National Diabetes Information Clearinghouse, National Institute of Diabetes, Digestive, and Kidney Diseases	Collection of diabetes information includes publications on diabetes, a searchable database of health education materials, and responses to questions.	x			x	x			

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
National Guideline Clearinghouse, Agency for Healthcare Research and Quality	Comprehensive database of evidence-based clinical practice guidelines and related documents. Includes related guidelines for all Steps diseases and risk factors.	x	x	x	x	x	x	x	x
Open Airways for Schools, American Lung Association	School-based education for children with asthma includes recognizing and avoiding asthma symptoms and avoiding asthma triggers.			x					x
Physical Activity and Health, A Report of the Surgeon General	Recommends minimum amounts of physical activity. Includes summary of research on effectiveness of physical activity programs. Some successful interventions for adults in communities, worksites, health care settings, and at home. Effectiveness of interv		x			x		x	x
Planet Health, Harvard Prevention Research Center on Nutrition and Physical Activity	An interdisciplinary curriculum focused on improving the health and well-being of sixth through eighth grade students while building and reinforcing skills in language, arts, math, science, social studies and physical education.	x	x		x	x			x
Policy and Environmental Change: New Directions for Public Health, Association of State and Territorial Directors of Health Promotion and Public Health Education and CDC	Findings from a study to gain a better understanding how public health departments engage in policy and environmental change initiatives. Recommendations include developing models of successful interventions and creating a searchable database of informa	x				x	x		x
Potentially Effective Interventions for Asthma, CDC	Describes community-based interventions for asthma control by target population (adults, children, health care providers) and intervention setting (home, healthcare settings, schools).			x				x	x
Promising Practices in Chronic Disease Prevention and Control: A Public Health Framework For Action, CDC	Recommended strategies, indicators, and program examples for diabetes, promoting healthy eating and physical activity, tobacco control, and school health.	x			x	x	x		x
Promoting Better Health for Young People through Physical Activity and Sports, CDC	Strategies to promote health and reduce obesity through lifelong participation in enjoyable and safe physical activity and sports including emphases on families, school programs, after school programs, sports and recreation programs, community structural		x			x			x
Promoting Physical Activity: A Guide for Community Action, CDC	Summary and ordering information for guide using social marketing and behavioral science approach to plan interventions to promote physical activity. Includes focus on addressing your target population's understanding and skills, the social networks, the					x			

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Research Tested Intervention Programs, National Cancer Institute	Summary information for research tested programs in areas including nutrition, physical activity, and tobacco control.				x	x	x		x
Resource Guide for Nutrition and Physical Activity Interventions to Prevent Obesity and Other Chronic Diseases, CDC	Topics cover obesity prevention and control (including caloric intake and expenditure), increased physical activity, improved nutrition (including increased breastfeeding and increased consumption of fruits and vegetables), and reduced television time.	x	x		x	x			
Resources to Improve Schools, Action for Healthy Kids	Resource clearinghouse for programs to improve nutrition and physical activity in schools. Includes links to resources and profiles of successful school-based programs.		x		x	x			x
Role of Michigan Schools in Promoting Healthy Weight, Michigan Department of Education	Guidelines, recommendations and tools for schools to promote healthy weight among students. Strategies include coordinated school health team approach, healthy nutrition policies, opportunities for physical activity, nutrition education, family involvement		x		x	x			x
SAMSHA Model Programs, National Registry for Effective Programs	Evidence-based programs on tobacco and other drug use.						x		x
School Health Guidelines and Strategies, CDC	delete? Links to other CDC guidelines included in this document (diabetes, asthma, physical activity)	x		x	x	x	x		x
School Health Index: A Self-assessment and Planning Guide, CDC	Self-assessment and planning tool for schools to improve their health and safety policies and programs.	x		x	x	x	x	x	x
School Health Resource Database, National School Boards Association	Searchable database with resources including sample policies, articles, and training tools, that address health issues affecting schools and students. Topic areas include tobacco, nutrition, physical activity, asthma, and family and community involvement			x	x	x	x		x
Strategies for Addressing Asthma within a Coordinated School Health Program, CDC	Strategies include support systems for asthma-friendly schools, school health services, asthma education for students and staff, a safe and healthy school environment, physical education and activity for students with asthma, and coordinated school, commu			x					
Team Nutrition Days and Beyond: How-To Kit, USDA	How-to kit for implementing Team Nutrition activities including starting a garden, hosting a food festival, promoting events, and locating resources.				x				

Resource	Description	Diabetes	Obesity / Over-weight	Asthma	Nutrition	Physical Activity	Tobacco	Health Care Access / Quality	School Health
Ten Strategies for Promoting Physical Activity, Healthy Eating, and a Tobacco-Free Lifestyle through School Health Programs, CDC	Strategies include assessment, policy, school health coordinator and council, health education, staff health promotion program, physical education, opportunities for physical activity, school meals, healthy food choices, and a tobacco free environment.				x	x	x		x
Tobacco Cessation Guideline, Office of the Surgeon General	Consumer and clinician materials for treating tobacco use and dependence including clinical practice guidelines and a how-to guide for implementing programs and guidelines.						x	x	
Validated Health Educational Programs, Asthma and Allergy Foundation of America	Effective interventions include Asthma Care Training for Kids, Wee Wheezers, You Can Control Asthma, and Power Breathing.			x					
VERB Campaign, CDC	A multiethnic campaign combining paid advertisements with school and community promotions and Internet activities resulted in increased awareness and increased levels of physical activity for children ages 9-13.					x			